

2009 CARDINAL AQUATICS CHRISTMAS CLASSIC

December 11-13, 2009

- Sanction** Sanction Number #KYSC1012
- Location** University of Louisville
Ralph Wright Natatorium on the Belknap Campus
NW Corner of S. Floyd St. and E. Warnock St.
(Across from McDonalds)
Louisville, KY 40208
- Directions can be found at the end of this information sheet or at the University of Louisville web site: <http://uoflsports.collegesports.com/genrel/092900aab.html>
- Meet Director:** Bonnie Roman
502-361-4274 (C)
bonnieroman@bellsouth.net
- Meet Referee:** Jan Goff
- Entry Chair:** Lana Skidmore and Lesa Boone
cardinalaquatics@yahoo.com
- Volunteers** Teams will be asked to provide timers based on the size of the team. Cardinal Aquatics welcomes the assistance of any visitor who would like to serve as an official or volunteer in any capacity. If interested in working please contact Kim Alcorn, (502) 538-4914.
- Facilities** **The University of Louisville Ralph Wright Natatorium. This facility was opened in the Fall of 2005. It features an eight-lane, 25-Yard competition pool with a depth of 7 feet. Movable bulkheads enable the pool to be divided into two 25-meter or 25-yard competition-ready areas with up to 10 lanes. The deep end features two 1-meter boards, two 3-meter boards and a tower with diving platforms at 5-, 7.5- and 10-meters. The 41,000 square foot facility accommodates up to 800 spectators and athletes. The facility is equipped with a fully automatic Daktronics Timing System with touchpads and full 21ft x 12ft video board display.**
- Parking** Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium and next to the Natatorium. The University of Louisville controls the parking facility and parking fees (\$3).
- Admission** Admission is: \$3 for Adult...children 12 and under Free.
- Format** This is an open timed finals meet. FINA starting procedures will be used. The FINA system, approved by USA Swimming, uses a series of whistles followed by a one whistle announcement for swimmers. The No Recall Start Rule will also be enforced during this meet. The use of "fly-over starts" will be at the discretion of the Meet Referee. *Two pools will be run during the Saturday and Sunday events divided into a male pool and female pool. Distance events may change pools at the discretion of the meet referee.*

Entries

- Eligibility** All current USA Swimming registered athletes. The age of the swimmer on Dec 11, 2009 will determine the age group for this meet.
- Entry Limits** Each swimmer may enter a maximum of four individual events per day plus two relay events.
- Entry Fees** \$4.25 for each individual event
\$8.00 for each relay event
\$9.00* for each individual deck entry
\$16.00* for each relay deck entry
- * Accepted at the discretion of the Meet Referee; Payable at the meet.
Entry fees are non-refundable. No extra heats will be added.
- Surcharges** \$1.50 per swimmer KYLSC surcharge
\$3.00 per swimmer facility surcharge
- Make one check payable to: **Cardinal Aquatics**
- Time Standards** None
- Entries** The USA Swimming registration number of all entrants must be listed and accompany the entry form. All entries must be in short course yards. Meet referee will accept or reject deck entries.
- Entry Deadline** This meet fills up fast! Entries will open **NO EARLIER** than, **Monday, November 16th** at 8:00am. We will continue to take registrations until meet is full. Deadline is **Friday, Nov 27, 2009 by 8:00pm**
- Email entries to entry chair (cardinalaquatics@yahoo.com). Files must be loadable into Hytek Meet Manager using a .cl2 file. An Entry Report will be returned to each team to verify entries.
- Mail waiver and payment to:
Cardinal Aquatics
c/o Bonnie Roman
316 E. Esplanade Ave.
Louisville, KY 40214
- A hard copy of the electronic entries, payment in full of all fees/surcharges and the signed waiver must be received by 8:00pm, Friday, December 4, 2009 or the team's entry will be scratched.
- Check-In** Events will be pre-seeded for all events except the 400IM, 500FR, and 1000FR. These events will be deck seeded and limited to 3 heats for 400 & 500, and 1000. Swimmers are required to check in with the Clerk of Course for events 400yds and longer, 30 minutes prior to the beginning of the session in which the event will be swum.
- Relay Cards** Relay cards will be distributed to each team. Each relay team is responsible for delivering their completed relay card to the timer before the event. At this time the relay cards must clearly indicate, in the appropriate order, the four swimmers who will compete.

Clerk of Course Cardinal Aquatics will provide clerk of course for all 8&Under swimmers (only) to get to their events and lanes. We would appreciate it if each team would designate someone to organize their younger swimmers to expedite the meet.

Scoring and Awards

Scoring No scoring will be kept.

Awards Ribbons will be awarded for places 1st through 10th for all events. Awards must be picked up at the conclusion of the meet. No awards will be mailed.

Warm-ups

Warm-Up Notes Teams will be assigned to lanes based on the number of entered swimmers. Smaller teams will need to share lanes. Larger teams should be prepared to divide the warm-up time and space according to need. Team warm-up assignments will be posted prior to warm-ups. ***Depending on number of teams, 2 warm-up sessions may be necessary. Teams will be notified which session their warm-up times are.***

Safety Marshall Safety marshals will be in place for warm-ups and during the meet to insure the safety of the swimmers. Duties will include safe deck practices, traffic flow and diving restrictions during warm-ups.

Schedule

Friday PM session Warm Up: 4:30-5:20pm, 5:30 pm start

Saturday & Sunday AM session Warm Up: 7:00-8:00am, 8:10 start

Saturday & Sunday PM session Warm Up: 30 min. after morning session, not before NOON.

*1000 Session will start 20 minutes after Saturday PM session. Only three heats per event will be swum. A waiting list will be kept.

Order of Events

SEE ATTACHED EVENT SHEET FOR ORDER

Miscellaneous

Official's Meeting There will be an official's meeting 30 minutes prior to the start of swimming competition.

Coaches Meeting A coaches meeting will be held 15 minutes prior to the start of the competition.

Hospitality There will be a hospitality room open to coaches and officials throughout the meet.

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Friday, December 11 PM Session			
Warm Up: 4:30-5:20 pm			
GIRLS	AGE	EVENT	BOYS
1	OPEN	400y Ind. Med.	2
3	10-UNDER	200y Ind. Med	4
5	11-12	500y Freestyle	6
7	OPEN	500y Freestyle	8

Saturday, December 12, AM Session			
Warm Up: 7:00-8:00 am			
GIRLS	AGE	EVENT	BOYS
9	10-UNDER	200y Med. Relay	10
11	8-UNDER	100y Med. Relay	12
13	10	100y Freestyle	14
15	9	100y Freestyle	16
17	6-Under	25y Butterfly	18
19	7	50y Butterfly	20
21	8	50y Butterfly	22
23	9	50y Butterfly	24
25	10	50y Butterfly	26
27	6-Under	25y Freestyle	28
29	7	50y Freestyle	30
31	8	50y Freestyle	32
33	9	50y Freestyle	34
35	10	50y Freestyle	36
37	8-UNDER	100y Ind. Med.	38
39	9	100y Ind. Med.	40
41	10	100y Ind. Med.	42

Saturday, December 12, PM Session			
Warm Up: Not before NOON			
GIRLS	AGE	EVENT	BOYS
43	OPEN	200y Med. Relay	44
45	13&14	200y Med. Relay	46
47	11&12	200y Med. Relay	48
49	Open	100y Backstroke	50
51	11&12	50y Backstroke	52
53	Open	200y Butterfly	54
55	11&12	100y Butterfly	56
57	Open	50y Freestyle	58
59	11&12	200y Ind. Med.	60
61	Open	100y Breaststroke	62
63	11&12	50y Breaststroke	64
65	Open	200y Freestyle	66
67	11&12	100y Freestyle	68

Saturday 1000, December 12,			
Warm Up: 20 min. immediately after PM session			
GIRLS			BOYS
69	OPEN	1000 Freestyle	70

Sunday, December 13, AM Session			
Warm Up: 7:00-8:00 am			
GIRLS	AGE	EVENT	BOYS
71	10-UNDER	200y Free. Relay	72
73	8-UNDER	100y Free. Relay	74
75	10	50y Backstroke	76
77	9	50y Backstroke	78
79	8	50y Backstroke	80
81	7	50y Backstroke	82
83	6-Under	25y Backstroke	84
85	10	50y Breaststroke	86
87	9	50y Breaststroke	88
89	8	50y Breaststroke	90
91	7	50y Breaststroke	92
93	6-Under	25y Breaststroke	94
95	10	200 y Freestyle	96
97	9	200y Freestyle.	98
99	8-UNDER	100y Freestyle	100

Sunday, December 13, PM Session			
Warm Up: Not before NOON			
GIRLS	AGE	EVENT	BOYS
101	OPEN	200y Free. Relay	102
103	13&14	200y Free. Relay	104
105	11&12	200y Free. Relay	106
107	Open	200y Backstroke	108
109	11&12	100y Backstroke	110
111	Open	100y Butterfly	112
113	11&12	50y Butterfly	114
115	Open	200y Breaststroke	116
117	11&12	100y Breaststroke	118
119	Open	100y Freestyle	120
121	11&12	50y Freestyle	122
123	Open	200y Ind. Med.	124
125	11&12	200y Freestyle	126

*Limit 3 heats per event.

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, Inc., Kentucky Swimming, Inc., Cardinal Aquatics and their staff, and University of Louisville and their staff for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/we are members of USA Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

SIGNATURE _____ POSITION _____

ENTRY PERSON _____ EMAIL _____

TEAM _____ TEAM CODE _____

TEAM ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ FAX _____

RECAP OF ENTRIES:

_____ Individual Events X \$4.25 =	\$ _____
_____ Relay Events X \$8.00 =	\$ _____
_____ Total Swimmers Entered for KYLSC Surcharge X \$1.50 =	\$ _____
_____ Total Swimmers Entered for Facility Fee X \$3.00 =	\$ _____
Total	\$ _____

Make Checks Payable to Cardinal Aquatics and mail to:

Cardinal Aquatics
c/o Bonnie Roman
316 E. Esplanade Ave.
Louisville, KY 40214

University of Louisville Natatorium Driving Directions

From the South (Nashville): Take I-65 North to the first Eastern Parkway Exit. Go right off the ramp and turn left at the first stoplight (Crittenden Dr.). Proceed to the first stop sign and turn left (Warnock St.). Go under the I-65 overpass and turn right at the second stoplight (Floyd St.). Cardinal Park will be on your right and Cardinal Arena will be on your left. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

From the North (Indianapolis): Take I-65 South to the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

From the East (Lexington/Cincinnati): Take I-64 West or I-71 South to I-65 South and get off at the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

From the West (St. Louis): Take I-64 East to I-65 South and get off at the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

